

THE WRIGLEY BUILDING 400 N. Michigan ave. Ste. 700 • Chicago, il 60611 Phone: 312.943.3131



# LISANDRA TENA

# SAG-AFTRA

Height: 5'4" Hair: Brown Eyes: Hazel

#### **FILM**

All the World is Sleeping Supporting Lead Dir. Ryan Lacen Ernesto's Manifesto Lead Dir. David Matthews

Cowboy Drifter Supporting Lonesome Bandit Prod./ Dir. Michael Lange A Priceless Woman (1961) Lead Blue Bassoon Pictures/ Dir. Alaric S. Rocha

Everything Will Be Alright Supporting David P. Calderon

Spinners Lead IM Media/ Dir. Joseph Von Stern

La Trinchera Luminosa... Supporting Dir. Jim Finn

### **TELEVISION**

NCIS **Guest Star CBS** Good Trouble Recurring Freeform The Good Place Recurring **NBC** Fear the Walking Dead Series Regular **AMC** NCIS: Los Angeles Guest Star **CBS** Code Black Guest Star **CBS** Chicago PD Recurring **NBC** WCIU-TV Green Screen Adventures Guest Star

#### **THEATRE**

Enough to Let the Light In Cvnthia Steppenwolf 1700 Theater/ Dir. Georgette Verdin Guera (Autobiographical) One-Woman Show CHI, NM, AZ/ Dir. Rebecca Mayorga Goodman Theatre/ Dir. Juliette Carillo Mother Road Amelia Mom/Clara/Mercedes Your Problem with Men LATC Encuentro Festival/ Dir. Alex Meda Augusta and Noble Mujer Azul Adventure Stage/ Dir. Tom Arvetis Officer Gonzales Collaboraction/ Dir. Anthony Moseley Crime Scene/Summer Tour The Mother-Showman Greenhouse Theatre/ Dir. Reshmi Hazra Venus Hedda Gabler Greenhouse Theatre/ Dir. Azar Kazemi Mrs. Elvsted Doubt Sister James Theatre School at DePaul/ Dir. Ian Frank

#### **TRAINING**

BFA (Magna Cum Laude) in Acting

The Theatre School at DePaul University

Acting John Rosenfield Studios, Lesly Kahn & Co, Carlos Murillo (Solo Performance) Catherine Weidner (Shakespeare) Improvisation: Groundlings: Tom Blank (Basic Core Track), Upright Citizens Brigade, The Second City Chicago: Ann Cusack

Voice and Speech: Kathy Bosco (VO), Eva Breneman (Dialects), Vicki Shaghoian, Phil Timberlake

Movement: Patrice Egleston (Feldenkrais), Julia Neary (Laban), Lisa Portes (Viewpoints)

Stage Combat: MACE Training, Nick Sandys Pullin, Robert Madrid

# **SPECIAL SKILLS**

Fluent Spanish, Self-written One-Woman Show, Bilingual Rap Artist, Billiards, Mexican Folklore Dance **Actor Combatant:** (CERT: Unarmed, Rapier & Dagger, Broadsword, Knife) Small Sword, Quarterstaff