

FRANK GARCIA-HEJL

Actor / Writer / Director

Height: 5'11" Hair: Brown Weight: 220 Eyes: Brown

FILM/TV

The G Word	Ronald Regan	Netflix
Scare Package	Frank	Shudder
Adam Ruins Everything	Orson Welles	TruTV
First Impressions	Self	USA
Difficult People	Dog Owner	Hulu
Late Night With Seth Meyers	Various	NBC
Broad City (Christmas Special)	Mansplainer	Comedy Central

VOICE OVER

64th Man	Various	Audible
The Last Degree of Kevin Bacon.	Various	Spotify / Funny or Die
Drunk History	Promo VO	Comedy Central

COMMERCIAL

CITI	Shopper
ClickUp	John Adams
Fistful of Bourbon	Cowboy

THEATRE

This American Life live at BAM	Bus Driver	Dir. Ira Glass, BAM
UCB Weekend House Team Bucky	Performer	Dir. Various
UCB Sketch Team Onassis	Writer/Actor	Dir. Seth Reiss

EDUCATION

Upright Citizens Brigade Theater
Sound Lounge Voice Over Course
University of North Texas, B.A. in English and Sociology

AWARDS

CBS Showcase 2018-2021 (Actor, Writer, Associate Director), "New Faces - Characters" Montreal Just For Laughs Comedy Festival 2016, Comedy Central's Comics to Watch 2015